

DECEMBER CHALLENGE: HOST A VEGAN POTLUCK



Invite some friends, make incredible meals, and come together over the importance of plant based food.

THE CHALLENGE

What is a better way to share ideas and interesting conversations than around a nice presentation of yummy food? This month, we are challenging members to host a vegan potluck/ dinner party.

People eat plant-based foods because they care about their bodies, the environment, and the well-being of animals. Cooking plant-based food introduces foods to people who may not have tried them. And, as a bonus, vegan foods are typically fine with varying dietary needs.

When cooking, you can always try and “veganize” your traditional dinner party favorites. Hosting a plant-based potluck or dessert party is a super fun way to introduce people to delicious vegan food!

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